



Jill has been training Arabians and riding them in races for four years. Her three Aloha mares have won ten races between them. She says "It is an amazing feeling to win a race on the horse that you own and train. Especially when you are 65 yo and work full time as a medical doctor (GP)."

Her racehorses enjoy a herd life in 5 acre paddocks, with frequent visitations into her house yard to mow the lawns. They have never been shod and Jill performs my own hoof trimming. The Aloha mares she owns have won on many different surfaces – e.g heavy mud, fast grass and hard and stoney ground. Their diet is mainly grass, with abundant grassy/lucerne hay in the dry seasons. They receive a few nutritional supplements (minerals and vitamin E) disguised in a small amount of copra meal.

Training is mainly around her back paddock where she has mowed grass tracks that are quite good underfoot. For faster work, about once per week, she takes the horses to a small private racetrack (Benwerrin Lodge near Beaudesert). They mainly do interval work on this 1200 m circumference track as Jill likes to look after their legs and slow them around the tight turns. Jill does not use Walkers nor Treadmills.

Jill grew up with thoroughbred racehorses – her father was a bush trainer and she became a track work rider and a licenced thoroughbred jockey. In the 1970's Jill was fortunate to work in two very successful racing stables at Randwick in Sydney with TJ (Tommy) Smith and Theo Green. "Theo was an amazing teacher and he taught me so much about horse racing, training and life in general." says Jill. She also rode track work briefly in New Zealand and Newmarket England and loved their concept of working the horses in long straight gallops up rises.

